

BRUCE NAGEL TENNIS ACADEMY

At the Kailua Racquet Club

"...Windward tennis at its best"

JUNIOR PROGRAMS

--Winter/Spring 2010--

January 11 – May 16

(Check it out on-line at www.KailuaRacquetClub.com)

BIG HITTERS

Tiny Tots (4-6 years old)

Tuesday & Thursday 3:30 – 4:30pm

Saturday 9:00 – 10:00am

This class is designed for young beginners. They will learn all of the lines on a court, basic stroke production (forehand, backhand, volleys, and serves), eye hand/ball coordination, and how to score. This class is designed to encourage good strokes using positive reinforcement and a fun active teaching style.

Grassroots (7-13 years old)

Monday & Wednesday 3:30 – 4:30pm

Saturday 10:00 – 11:00am

This class is designed for beginner/intermediate level players. These students will receive a more detailed assessment of stroke production, learn appropriate tennis exercises, basic rules, how to score, how to rally, and play games. The purpose of this class is to get children excited about tennis, to have fun, and to prepare them to play on our Junior Team.

JUNIOR TEAMS

This season of the Junior League lasts for 4 months (16 weeks) and includes 2 practices a week, matches on Saturdays, and Match Play on Sundays. Practices begin over a month before the start of the season! Stroke production, conditioning, rules of the game, strategy and sportsmanship are all covered. Classes are taught by Coaches Derek Morrison, Jared Carstenn and Matt Lindenberg. Team members must be willing to commit to coming to matches and their lessons.

Junior Team 2.5

Mondays & Wednesdays

4:30 - 6:00pm

Junior Team 3.0-3.5

Tuesdays & Thursdays

4:30 - 6:00pm

FRIDAY NIGHT DOUBLES CHALLENGE

Friday nights at the club not only serve up a delicious meal prepared by our very own Dave Kaminski, but special tennis matches as well. Each month juniors will have a chance to show off their improvements underneath the lights. Matches begin at 6:30PM. Cost is \$9. Specific dates will be sent out via email.



Private Lessons

We recommend private lessons for all players. There is no better way than one-on-one with a certified tennis pro. You may purchase a series of five lessons for a discount.

\$70/hr, \$38/half hr

KRC members: \$65/hr, \$35/half hr

Series of 5 half hrs: \$180

Series of 5 half hrs: \$165

Series of 5 hrs: \$330

Series of 5 hrs: \$305

From Head Pro Bruce Nagel:

KRC members:

\$80/hr, \$45/half hr

\$70/hr, \$38/half hr

Bruce Nagel Tennis Academy – Spring 2010 Monday, January 11 – Sunday, May 16 Registration Form

Participant Name _____ Birth Date _____

Parents' Names _____

Home Phone _____ Work Phone _____ Cell Phone _____

Address _____ City _____ State _____ Zip _____

E-mail _____

TINY TOTS AND GRASSROOTS: 18 weeks of lessons beginning the week of January 11

TINY TOTS (beginner age 4-6)

- 3:30 - 4:30pm Tuesdays
- 3:30 - 4:30pm Thursdays
- 9:00 - 10:00am Saturdays

one class / two classes per week

\$290 / \$560

KRC Members: \$270 / \$520

GRASSROOTS (beginner age 7-13)

- 3:30 - 4:30pm Mondays
- 3:30 - 4:30pm Wednesdays
- 10:00 - 11:00am Saturdays

one class / two classes per week

\$290 / \$560

KRC Members: \$290 / \$540

JUNIOR TEAM

There is a one-time payment for the whole 18 week season. This fee includes a uniform (shorts and shirt), team league fees (you will need to register yourself as a USTA member), match balls, league fees, and coaching.

- Junior Team 2.5 Mondays 4:30 - 6:00pm
- Junior Team 2.5 Wednesdays 4:30 - 6:00pm One class / two classes per week
- Junior Team 3.0 – 3.5 Tuesdays 4:30 - 6:00pm \$450 / \$590
- Junior Team 3.0 – 3.5 Thursdays 4:30 – 6:00pm KRC Members \$440 / \$570

Jr. Team Members be sure to fill out your uniform sizes!!

PLEASE CIRCLE: Shirts: CS CM CL AM AL AXL

Shorts: CS CM AS AM AL AXL

Amount enclosed: _____

Please contact 262-2057 if you have questions.

We reserve the right to combine or cancel classes due to insufficient enrollment.

Please make checks payable to: Bruce Nagel

Send check and completed registration form to Bruce Nagel, 629 Oneawa Street, Kailua, HI 96734

brucenagel@aol.com